

10 Ways to Recognize A Call

1. You sense a restlessness to do something new or different.
2. You begin to realize that your “call” may counter other people’s advice and put at risk approval from others.
3. In spite of risks, you feel drawn into a process with an experience an inner knowing that is aligned with your truth, integrity and values.
4. You have a keen awareness of the passage of time, prompting a readiness or eagerness to act.
5. The call may feel overwhelming, yet it persists.
6. You feel fear juxtaposed with compelling desire or excitement.
7. You are challenged to let go of the person, role, or identity you have known.
8. To move forward, you must trust the promise of the unknown and release your desire to have a defined outcome before you begin.
9. You begin to make connections with people and with a Source greater than yourself, offering a larger context from which to understand your process.
10. You may experience a “test” following your initial action; this test may represent personal doubt or fear or reinforces the “status quo” as it has the potential to “lure” you back into the familiar.

WHAT IS NEEDED TO MEET A WORK-RELATED SPIRITUAL CHALLENGE

Vigilance: Be alert to what is happening in your life.

Mindfulness: Stay present-minded in your thinking.

Desire: Know what you want and create a vision that reflects its essence, rather than the specific details.

Intention: Create a strategy to succeed.

Focus: Keep your thoughts on your vision; allow fears and limiting beliefs to appear, but not distract you.

Trust: Choose to be confident in your path and transform thoughts that are fear-based.

Patience: Develop the capacity to wait and trust the timing, especially if it is different from what you had imagined.